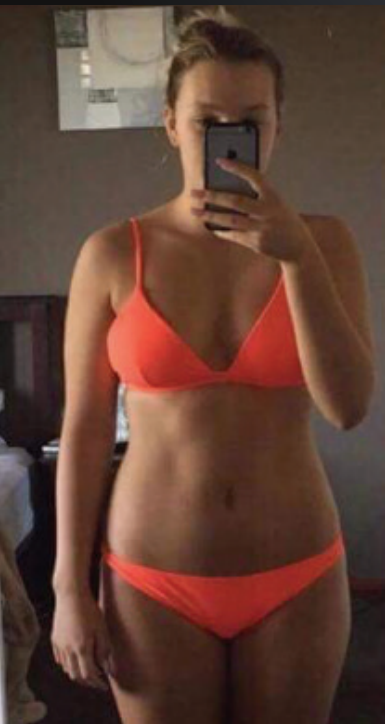


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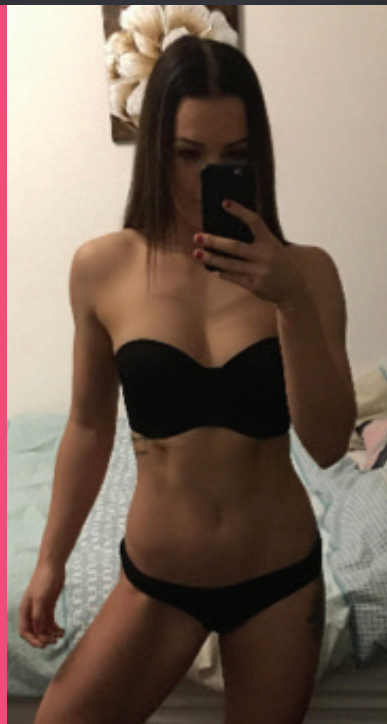
# WE ARE LOOKING FOR 12 FEMALES

WHO WANT TO EASILY REDUCE  
BODY FAT AND TONE & SHAPE THOSE  
PROBLEM AREAS WITHIN 12 WEEKS!

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**BEFORE**



**AFTER**

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I feel amazing! I'm Currently 8% body fat down and just feel so much fitter and stronger! The changes I have made to my training and nutrition with Brad and TEAM BDPT have not only transformed my body but also my mindset, i'm a much more confident happy version of myself and i'm so glad I made the decision to change my lifestyle with Brad and his team. Their non stop support and vibe at The BDPT Basement Gym is so positive and motivating that there's no chance of not succeeding and smashing your goals!

I Highly recommend Brad and TEAM BDPT to anyone who wants to transform their. body! Their knowledge and support are the best in town!  
Taylah - August 2018

# WOULD YOU LIKE TO ACHIEVE THE FOLLOWING?

- › Achieve noticeable results within 12 weeks and feel more confident with your body.
- › Make your body more resistant to putting weight and body fat back on.
- › Personalised nutrition plan that enables you to burn body fat to get greater results.
- › Personalised training plan to help tone your problem/target areas.
- › Tone your upper, mid and lower body, giving you your ideal body shape.
- › 24/7 support with your choice of 5 specialist coaches.
- › Body measurements/photos every 4 weeks so we can track your progress and ensure we are on the correct path.
- › Guaranteed results!

## OUR 3 GUARANTEES TO YOU!!!

- › Your body fat percentage will drop if you stick to our program!
  - › You will have heaps of fun and enjoy the process!
  - › Your coach will respond to any questions you ask within 24 hours 7 days a week!
- If not we will give you a full refund!!!! This is how confident we are that this program will bring you results!

## WHAT'S INCLUDED??

- › Your choice between 5 highly knowledgeable and experienced coaches.
- › Personalised workout program
- › Personalised nutrition plan
- › 24/7 access to your coach
- › Body measurements/photos every 4-6 weeks

## MORE PROOF THAT OUR PROGRAM WORKS!!

### SUCCESS STORY

In just 10 short weeks with Brad i've lost 6kgs and 8% body fat, making me feel 100 times more confident in my body. Brad's personalised nutrition and training programs, plus constant support and confidence that he invested in me leaves no chance for failure. I highly recommend this program to anyone who truly wants to achieve results fast!  
Sarah Clayton - April 2017



**SPOTS ARE EXTREMELY LIMITED,  
WE ARE ONLY LOOKING FOR  
12 FEMALES THAT ARE WILLING TO  
MAKE THE CHANGE TODAY!!**

To apply simply message 'Brad Davis Personal Trainer'  
on facebook or text 0404 540 070

**START DATE MONDAY 20TH AUGUST**

If for some reason we feel you would not be a good fit for our program, we are happy to provide you with the reasons why and provide you a recommendation for a solution that would suit your needs better.